


























# Taeguk 4 - Sa jang



 									
<p>5. LEFT SPEAR HAND THRUST</p> <p>4. RIGHT DOUBLE KNIFE HAND BLOCK</p>		<p>1. READY STANCE</p>		<p>2. RIGHT DOUBLE KNIFE HAND BLOCK</p>		<p>3. LEFT SPEAR HAND THRUST</p>			
									
<p>6. SWALLOW SHAPE RIGHT KNIFE STRIKE</p>				<p>21A. RIGHT MIDDLE BLOCK</p> <p>21B. LEFT MIDDLE PUNCH</p> <p>21C. RIGHT MIDDLE PUNCH</p>					
 		 				 			
<p>17. RIGHT MIDDLE PUNCH</p> <p>16. LEFT INSIDE MIDDLE BLOCK</p>		<p>7A. RIGHT FRONT KICK</p> <p>7B. LEFT MIDDLE PUNCH</p>		<p>20A. LEFT MIDDLE BLOCK</p> <p>20B. RIGHT MIDDLE PUNCH</p> <p>20C. LEFT MIDDLE PUNCH</p>		<p>18. RIGHT INSIDE MIDDLE BLOCK</p> <p>19. LEFT MIDDLE PUNCH</p>			
 									
<p>8. LEFT SIDE KICK</p> <p>9A. RIGHT SIDE KICK</p>				<p>15A. RIGHT FRONT KICK</p> <p>15B. RIGHT BACK FIST</p>					
  							  		
<p>13. RIGHT INSIDE MIDDLE BLOCK</p> <p>11A. RIGHT FRONT KICK</p> <p>10. LEFT OUTSIDE MIDDLE BLOCK</p>			<p>9B. RIGHT DOUBLE KNIFE HAND BLOCK</p>		<p>14. SWALLOW SHAPE RIGHT KNIFE STRIKE</p>		<p>12. RIGHT OUTSIDE MIDDLE BLOCK</p> <p>13A. LEFT FRONT KICK</p> <p>13B. LEFT INSIDE MIDDLE BLOCK</p>		